



DROP IN CENTRE COMMUNITY SUPPORT SERVICES



A safe drop-in centre where youth 16-24 can access:

- A healthy meal
- Free counseling services
- Support with community stable housing
- Access to education & employment opportunities
- Laundry and showers
- Weekly Food and Clothing Bank



CRISIS SHELTER

24-7 crisis shelter for young people aged 16-24 - includes specialized supportive housing for youth who identify as 2SLGBTQIA+

WELLNESS SUPPORT

Youth can access a range of health and well-being services, including:



- Mental Health & Substance Use Counsellors
- Harm Reduction Specialist
- Occupational Therapists
- Personal Support Workers



HEALTH CARE CLINIC

Our onsite health care team includes nurses, family doctors and access to counseling services available to youth regardless of whether they have ID or health care coverage.

EMPLOYMENT SERVICES



A place for youth to receive 1 on 1 employment support and gain practical employment skills.

- Resume and cover letter writing
- Interview prep skills
- Support with job placement
- Access to computers and printers

ANTI-HUMAN TRAFFICKING

Support services to help youth heal from trauma and move forward with their lives, by offering access to:

- 24/7 Emergency Beds
- Counseling Services and Life Skill Development Opportunities



YOUTH IN TRANSITION



Offers youth who are ready to live on their own with life skills development opportunities, mentoring and guidance in navigating community-based supports to build their ability to develop and execute smart goals while living independently to help them remain stably housed.

EDUCATIONAL SUPPORT

Youth between the ages of 16-21 can attend out on-site school run in partnership with the Toronto Catholic District School Board. Here, youth can earn credits needed to help them complete their secondary school education.



COOKING FOR LIFE

The Cooking for Life program equips youth with the kitchen skills used in restaurants, and other teamwork and time management skills necessary to become successful employees.



YOUTH RECONNECT

By referring young people to local programs and supports, Youth Reconnect helps them stay near family, school and friends. These community connections and others - like recreational sports, youth hubs, family doctors and therapists - are important factors in preventing homelessness and creating lasting stability.





SPIRITUAL CARE



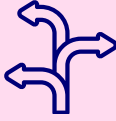
Our sanctuary provides a space of all spiritual and cultural backgrounds to have meaningful discussions, quiet reflection, and prayer.

MENTORSHIP PROGRAM



Matches young people to adult mentors who provide life guidance and support.

CREATING PATHWAYS



Pairs youth with a dedicated case manager to build a path forward with mental health counselling to address trauma, mentorship to provide a wider circle of support going forward, followed by skills development, employment or education counselling and assistance.

FAMILY & NATURAL SUPPORTS



An early intervention program where our team works towards strengthening relationships between young people and their families. The goal is to secure these bonds so that the young person has someone they can call at anytime.

VOLUNTEER SERVICES



Our volunteers support us with diverse jobs including a wide range of in-house sports and fitness activities, art programs, helping out at special events, and more.

SHELTER DIVERSION



Immediately identifying safe and secure housing options and providing community wraparound supports as an alternative to crisis shelter.

RIGHTS OF PASSAGE



A 24 month transitional independent living program at CHT that gives opportunity to learn and practice life skills with our team.

HOUSING SUPPORT



Support in finding housing for young people who are ready to live independently including:

- Assessment of housing readiness
- Assessment of needs and budget
- Negotiating Leases
- Meeting with landlords

LIFE SKILLS SUPPORT



Life skills coordinators guide young people through programming designed to promote independence and overall well-being to help them navigate life once they move out of the shelter and are on their own.

INDIGENOUS SUPPORTS



Description TBD

SOCIAL MEDIA



Covenant House Toronto



@CovenantHouseToronto



Covenant House Toronto



@CovenantHouseTO

EVENTS

Covenant House hosts signature fundraising events each year. Find out more by emailing events@covenanthouse.ca



GUTS + GLORY

Gather a team of 6-10 members and compete in a series of challenges that test your teams' strength, speed and teamwork!



SLEEP OUT

Sleep outside on the streets in solidarity with youth experiencing homelessness.

Since 1982, Covenant House Toronto has supported more than 100,000 young people.