№ Memorial Day for the Fallen Soldiers of Israel

יום הזכרון

By the third Yom HaAtzma'ut (1950), the commemoration of the fallen soldiers emotionally dominated the day. It was decided, therefore, to set aside the day before Independence Day as a permanent Remembrance Day for the dead of Israel's wars. The first year an extended whistle blast was sounded nationwide to mark the beginning and end of the day. All traffic stopped and the population of Israel stood silent for two minutes. This practice is still observed today with the wail of sirens echoing throughout the country. (Rabbi Irving Greenberg)

Laugh, laugh at all my dreams! What I dream shall yet come true! Laugh at my belief in humanity, at my belief in you.

Freedom still my soul demands, unbartered for a calf of gold. For still I do believe in humanity, and its spirit, strong and bold.

And in the future I still believe though it be distant, come it will when nations shall each other bless, and peace, at last, the earth shall fill.

Then a new song will one poet sing. To the beautiful and sublime his heart will beat.
For him, for that young poet, from my grave
They will gather flowers for his

laurel wreath.

שַּׂחֲקִּי, שַּׁחֲקִּי עַל הַחֲלוֹמוֹת, זוּ אֲנִי הַחוֹלֵם שָׂח, שַׂחֲקִי כִּי בָאָדָם אַאֲמִין, כִּי עוֹדֶנִּי מַאֲמִין בָּךְ.

פִּי עוֹד נַפְשִׁי דְרוֹר שׁוֹאֶפֶת, לא מְכַרְתִּיהָ לְעֵגֶל פָּז, כִּי עוֹד אַאֲמִין גַּם בָּאָדָם, גַם בְּרוּחוֹ, רְוּחַ עָז.

אַאֲמִינָה גַּם בֶּעָתִיד, אַף אִם יִרְחַק זֶה הַיּוֹם, אַך בֹּא יָבוֹא-יִשְׂאוּ שָׁלוֹם אַז וּבִרַכַה לִאם מִלְאם.

אָז שִׁיר חָדָשׁ יָשִׁיר מְשׁוֹרֵה לְיפִי וְנִשְׂנָּב לְבּוֹ עֵר; לוֹ לַצְעִיר, מֵעַל קְבְרִי פרחים ילקטוּ לזּר. From "I Believe" by Shaul Tchernichovsky, translated by Maurice Samuel

A voice called.
I went.
I went, lest
I fall.
(Hannah Szenes)

The earth grows still, the lurid sky slowly pales over smoking borders.

Heartsick, but still living, a People stands by to greet the uniqueness of the miracle.

Readied,
they wait beneath the moon,
wrapped in awesome joy,
before daybreak.
—Then, a girl and boy
step forward.
And slowly walk
before the waiting nation.

In work garb and heavy-shod, they climb in stillness wearing yet the dress of battle, the grime of aching day and fire-filled night.

Unwashed, weary unto death, not knowing rest, but wearing youth like dewdrops in their hair.

—Silently the two approach and stand, unwavering.

There isn't a hint if they are of the living or of the dead.

ַנְקָאָרֶץ תִּשְׁקֹט. עֵין שָׁמַיִם... אוֹדֶמֶת

תְעַמְעֵם לְאִטָּה עַל גְבוּלוֹת עֲשֵׁנִים.

וְאָפָּה תַּעֲמֹד-קְרוּעַת לֵב אַךְ נוֹשֶׁמֶת-לִקבֵּל אֵת הַנֵּס הַאֶחַד, אֵין שֵׁנִי.

הִיא לַטֶּקֶס תִּכּוֹן. הִיא תָּקוּם לְמוּל סַהַר וִעַמָּדַה, טֵרִם־יוֹם, עוֹטַה חֵג

ָאָז מִנֶּגֶד וֵצְאוּ נַעֲרָה וְנַעַר וְאַט־אַט יִצְעֲדוּ הֵם אֶל מוּל הַאִּמַה.

ואימה.

לוֹבְשֵׁי חֹל וַחֲגוֹת, וְכִבְדֵי נַעֲלֵיִם בַּנָּתִיב יַעֲלוּ הֵם הָלוֹךְ וְהַחְרֵשׁ. לֹא הֶחְלִיפוּ בִּגְּדָם, לֹא מָחוּ עוֹד בַּמַּיִם אֶת עִקְבוֹת יוֹם הַפֶּּרֶךְ וליל קו האשׁ.

אֲנִפִּים עַד בְּלִי קֵץ, נְזִירִים מִמַּרְגְּוֹעַ, וְנוֹטְפִּים טַלְלֵי נְעוּרִים עִבְרִיִּים

> דֹם הַשְּׁנֵיִם יִנָּשׁוּ, וְעָמְדוּ לִבְלִי־נְוֹעַ. וְאֵין אוֹת אִם חַיִּים הֵם אוֹ

> > אם ירויים.

"The Silver Platter" by Natan Alterman

No state is handed to a people on a silver platter (Chaim Weizmann) Through wondering tears the people stare. "Who are you?" The silent two reply: "We are the Silver Platter upon which the Jewish State was served to you."

And speaking, they fall in shadow at the nation's feet. Let the rest in Israel's chronicles be told.

For Zion's sake I will not keep silence; for Jerusalem's sake I will speak out, until her light shines forth like the sunrise, her deliverance like a blazing torch.

Let the wilderness and the thirsty land be glad, let the desert rejoice and burst into flower.

The People who walked in darkness have seen a great light. Upon those who dwelt in a land dark as death, a light has dawned.

אָז תִּשְׁאַל הָאֻמָּה, שְׁטוּפַת־דֶּמֵע־נְקֶסֶם, וְאָמְרָה: מִי אַתֶּם? וְהַשְׁנַיִם, שׁוֹקְטִים, יַעֲנוּ לָה: אֲנַחְנוּ מַגַּשׁ הַכֶּסֶף שֶׁעָלָיו לָךְ נִתְנָה מְדִינַת הַיּהוּדִים.

> בָּךְ יֹאמְרוּ. וְנַפְלוּ לְרַגְלָה עוֹטְפֵּי־צֵל, וְהַשְּׁאָר יְסֻפֵּר בְּתוֹלְדוֹת יִשִׂרָאָל.

Mature your minds with great thoughts; to believe in the heroic makes heroes.
(Benjamin Disraeli)

לְמַעַן צִיּוֹן לֹא אֶחֱשֶׁה וּלְמַעַן יְרוּשָׁלַיִם לֹא אֶשְׁקוֹט עַד־יֵצֵא כַנְּגַה צִדְקָה וִישׁוּעָתָה כְּלַפִּיד יִבְעָר:

יְשֻׂשׁוּם מִדְבָּר וְצִיָּה, וְתָגֵל עֲרָבָה וְתִפְּרַח כַּחֲבַצְּלֶת:

הָעָם הַהֹּלְכִים בַּחְשֶׁךְ רָאוּ אוֹר גָּדוֹל; ישְׁבֵי בְּאֶרֶץ צַלְמָוֵת אוֹר נָגַה עֵלֵיהֵם: Isaiah 62:1

Isaiah 35:1

Isaiah 9:1

י הָּעֶם הַהּלְכִים בַּחֹשֶׁרְ ("the People who walked in darkness") We, the soldiers who have returned from battles stained with blood; we who have seen our relatives and friends killed before our eyes; we who have attended their funerals and cannot look in the eyes of their

parents; we who have come from a land where parents bury their children; we who have fought...we say...today, in a loud and a clear voice: "Enough of blood and tears. Enough." (Yitzchak Rabin in the Rose Garden of the White House, 1995)

Prayer for the State of Israel

God in heaven, Rock and Redeemer of Israel, bless the State of Israel, the first flowering of our redemption. Shield it with Your love, spread over it Your canopy of peace; enlighten its leaders with faith, and direct them with Your good counsel. Our God, strengthen the hands of the defenders of our sacred land; grant them salvation and crown them with victory. Establish peace in the land, everlasting joy for all its inhabitants. And let us say: *Amen*.

תפילה למדינת ישראל

אָבֵינוּ שֶׁבַּשָּׁמֵים, צוּר יִשְּׂרָאֵל

וְגוֹאֲלוֹ, בָּרֵךְ אֶת מְדִינַת יִשְׂרָאֵל

רֵאשִׁית צְמִיחַת גְּאֻלְּתֵנוּ. הָגֵן

עָלֶיהָ סְבַּת שְׁלוֹמֶךְ; וּשְׁלַח

עִלֶיהָ סְבַּת שְׁלוֹמֶךְ; וּשְׁלַח

מִלְּפָנֶיךְ, חַזֵּק אֶת יְדֵי מְגִנֵּי

יְשׁוּעָה, וַשְּטֶרֶת נִצְחוֹן הְעַשְׁרֵם;

יְשׁוּעָה, וַשְּטֶרֶת נִצְחוֹן הְעַשְׁרֵם;

יְשׁוּעָה, וַשְּטֶרֶת נִצְחוֹן הְעַשְׁרֵם;

יְשׁוּעָה, שָׁלוֹם בָּאָרֶץ, וְשִׂמְחַת

עוֹלָם לִיוֹשׁבִיה, ונֹאמר, אמן.

Droplets fall from my eye for the destruction of Jerusalem. I cry night and day for my brothers who fell. I pour out my soul and lifeblood to God who dwells in Heaven. Rock of my salvation, put anger aside. Arise as a wall to protect us, and let the sun shine sevenfold upon us. (A song of the Sephardic Jews of Jerusalem)

Continue on page 1 (for Ma'ariv), 31 (for Shacharit), or 79 (for Minchah).

זּשְׁלֵח אוֹרְךְ וַאָמַהְךְּ לְרָאשֶׁיהָ ("enlighten its leaders with faith") Justice for all of Israel's inhabitants is a prerequisite for successful sovereignty in the land. As it is written: "Justice, justice shall you pursue, that you may thrive upon and occupy the land that the Eternal God is giving you" (Deuteronomy 16:20).

יְהַנְּחִילֵם אֱלֹהֵינוּ יְשׁוּעָה ("grant them salvation")
Of David:
Blessed is the Eternal One, my Rock who trains my hands for battle, my fingers for warfare; my Faithful One, my Fortress, my Haven and my Deliverer, my Shield, in whom I take shelter.
(Psalm 144:1–2)

W Weekday Minchah

מנחה לחול

Minchah, literally "gift" or "meal offering," was the afternoon sacrifice offered when the Temple stood in Jerusalem (Babylonian Talmud, B'rachot 26b). The Sages suggest that the patriarch Isaac originally instituted this service, as it is written: "Isaac went out to meditate in the fields at twilight" (Genesis 24:63).

For the morning service one arises from bed and prays before becoming burdened by the business of the day ahead. Similarly, the evening service occurs when one is coming home at night, after the burdens of work have passed. But Minchah falls in the middle of the day when one is still burdened by work; it requires a concentrated effort to free oneself from business in order to pray the afternoon service. But if one does so, the reward is very great. (Rabbi Yaakov ben Asher, the Tur)

Ashrei אשרי

Happy are those who dwell in Your House; they will ever praise You. Selah! Happy is such a People; happy the People whose God is Adonai.

A Psalm of David. I shall exalt You, my Sovereign God; I will praise Your name forever. Every day will I praise You; I will extol Your name forever.

Great is the Eternal and most worthy of praise; God's greatness is unfathomable. Generation upon generation will

acclaim Your deeds and tell of Your mighty acts.

אַשָׁרֵי יוֹשְׁבֵי בֵיתֵךְ, Psalm 84:5 עוד יְהַלְלְוּךְ מֵלָה: אשרי העם שככה לוֹ, Psalm 144:15 אַשְרֵי הַעָם שִיהוַה אֵלהַיו:

תָּהָלֵּה לְדַוָּד: אַרוֹמִמְרָ, אֵלוֹהֵי הַמֶּּלֶרְ, ואַבַרְכַה שָׁמִךְ לְעוֹלַם וַעֵד: בָּכָל־יוֹם אֲבַרְכֵּךְ, וַאֲהַלְלָה שִׁמְךָ לְעוֹלָם וַעֵר:

גַּדוֹל יִהוָה וּמִהְלֵל מִאֹה וַלְגִדְלַתוֹ אֵין חֲקֵר: דור לדור ישבח מעשיר, וגבורתיך יגידו:

Psalm 145

God is hiding in the world. Our task is to let the divine emerge from our deeds. (Rabbi Abraham Joshua Heschel)

אשרי ("happy") According to the Talmud, anyone who recites Ashrei three times each day is assured a place in the World to Come (Babylonian Talmud, B'rachot 4b). Its verses

form an alphabetical acrostic, a mnemonic device which was especially helpful when prayerbooks were too expensive to be placed in the hands of every worshipper.

I shall speak of Your radiant glory and Your wondrous works. They will speak of Your awesome might, and I shall recount Your greatness.

They will tell of Your great goodness and sing joyously of Your righteousness. Gracious and compassionate is the Eternal, slow to anger, abounding in kindness.

The Eternal is good to all; God's compassion extends to all creation. All Your works, Adonai, will thank You; Your faithful will praise You.

They will tell of the glory of Your dominion, and speak of Your might: to make Your power and the glorious splendour of Your sovereignty known to humankind.

Your sovereignty is an everlasting sovereignty; Your rule is for every generation. The Eternal supports all who stumble, raises up all who are bent low.

הֲדֵר כְּבוֹד הוֹדֶךְ, וְדְבְרֵי נִפְּלְאֹתֶיךְ אָשֵׁיחָה: וֹגְדוּזֹ נוֹרְאֹתֶיךָ יֹאמֵרוּ, וֹגְדוּלָתְךָ אֲסַפְּרֵנָה:

> זֶכֶר רַב־טוּבְךָּ יַבִּיעוּ, וְצִדְקָתְךָּ יְרַנֵּנוּ: חַנּוּן וְרַחוּם יְהֹנָה, אֶרֶךְ אַפַּיִם וּגְדָל־חָסֶד:

טוֹב־יְהנָה לַכּל, וְרַחֲמָיו עַל־כְּל־מֵעֲשָׁיו: יוֹדוּךְ יְהנָה כְּל־מַעֲשֶׂיךָ, וַחֲסִידֶיךְ יְבַרְכִּוּכָה:

בְּבוֹד מַלְכוּתְךָ יֹאמֵרוּ, וּגְבוּרָתְךָ יְדַבֵּרוּ: לְהוֹדִיעַ לִבְנֵי הָאָדָם גְבוּרֹתָיוּ, וּכְבוֹד הֲדַר מלכוּתוֹ:

מַלְכוּתְךָ מַלְכוּת כְּל־עלָמִים, וּמֶמְשֵׁלְתְּךָ בְּכְל־דּוֹר וָדֹר: סוֹמֵךְ יְהוָה לְכָל־הַנּפְּלִים, וווֹקף לכל-הַכּפוּפִים: Make every effort to pray from the heart. Even if you do not succeed, in the eyes of God the effort is precious. (Rabbi Nachman of Bratzlav)

When we worship in public we know our life is part of a larger life, a wave of an ocean of being—first-hand experience for that larger life which is God. (Rabbi Mordecai Kaplan)

יְהוֹה יְהוֹה ("gracious and compassionate is the Eternal") Rabbi Yochanan said in the name of Rabbi Yose: "Even God prays." What is God's prayer? Rabbi Zutra answered in the name of Rav: "May it be My will that My love of compassion

overwhelm My demand for strict justice, that I may treat My children with the quality of mercy and that I always deal with them beyond the letter of the Law." (Babylonian Talmud, B'rachot 7a)

The eyes of all look to You; You give them timely sustenance. You open Your hand and satisfy all the living.

The Eternal is just in all ways, gracious in all deeds.
The Eternal is near to all who call out, to all who call out in truth.

God fulfills the will of the reverent, hears their cry and saves them. The Eternal watches over all who love God; but all the wicked, God will destroy.

Let my mouth praise Adonai; let every creature praise the Holy Name forever. We shall praise God now and forever. Halleluyah! ציני־כל אַלֶּיךְ יְשַׂבֵּרוּ, וְאַתָּה נוֹתֵן־לָהֶם אֶת־אָכְלָם בְּעִתּוֹ: פּוֹתֵחַ אֶת־יָדֶךְ, וֹמַשְׂבֵּיעַ לְכָל־חַי רָצוֹן:

צַדִּיק יְהנָה בְּכְל־דְּרָכָיוּ, וְחָסִיד בְּכָל־מַעֲשָׁיוּ: קָרוֹב יְהנָה לְכָל־קֹרְאָיוּ, לְכֹל אֲשֶׁר יִקְרָאָהוּ בֵאֶמֶת:

רְצוֹן־יְרֵאָיו יַעֲשֶׂה, וְאֶת־שַׁוְעָתָם יִשְׁמֵע וְיוֹשִׁיעֵם: שׁוֹמֵר יְהֹוָה אֶת־כְּל־אֹקְבָיו, וִאֵת כָּל־הַרְשָׁעִים יַשִׁמִיד:

> תְּהַלַּת יְהֹנָה יְדַבֶּר־פִּי, לְעוֹלָם נָעָר: וְאַנַחְנוּ נְבָרֵךְ יָה מֵעַתָּה וְאַנַחְנוּ נְבָרֵךְ יָה מֵעַתָּה וְעַר־עוֹלָם. הללוּיה!

People think they pray to God, but this is not so. Rather, prayer itself is the essence of Divinity. (Rabbi Pinchas of Koretz)

קר ("You open Your hand") The Talmud highlights this verse as the central theme of the prayer, because it celebrates God's gracious care for every creature.

יָבּרְנּי נְּהָ ("we shall praise God") For the blessings we ask of You and those we cannot ask.

For the blessings You bestow upon us openly and those You give us in secret,

For the blessings we recognize, and those we fail to recognize,

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For all these blessings which surround us on every side

dear God, hear our thanks and accept our gratitude.

(Ruth Brin)

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Chatzi Kaddish

Magnified and sanctified be the great name of the One by whose will the world was created. Amen. May God's sovereignty govern our lives, and the life of the whole House of Israel, and let us say: Amen.

May God's great name be praised for all eternity.

Blessed and praised; glorified, exalted, and extolled; lauded, honoured, and acclaimed be the name of the Holy One, who is ever to be praised, far above all the blessings and songs of praise and consolations which human lips can utter, and let us say: Amen.

חצי קדיש

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא. אָמֵן. בְּעַלְמָא דִּי בְרָא כִּרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִוְמַן קָרִיב, וְאִמְרוּ: אָמֵן.

יְהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעַלְמֵי עַלְמַיֵּא.

From Psalm 113:2, Daniel

יִתְבָּרֵךְ וְיִשְׁתַּבֵּח, וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא, וְיִתְהַדָּר וְיִתְעֵלֶּה וְיִתְהַלֶּל שְׁמֵה דְּקוּדְשָׁא, **בְּרִיךְ הוּא**, לְעֵלֶּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, הָשְׁבְּחָתָא וְנֶחֲמָתָא דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ: **אָמֵן**.

יִתְבַּבְּל וְיִתְקַבִּשׁ ("magnified and sanctified")
Does the all-powerful God need such
flattery? God has no need for these praises, but
we do. The repetition of lavish praise is
designed to move us from egocentricity to
humility. Once we sufficiently shift our focus
away from ourselves, we are ready to advance a
relationship with the Divine.

יְּהְבָּתֵר וְיִשְׁתַבַּח, וְיִהְפָּאַר ("blessed and praised; glorified") A certain man stood before the Holy Ark and said: "O God, the

great, mighty, fearsome, majestic, powerful, strong, fearless, certain, and honoured." Rabbi Chaninah witnessed this and asked the man: "Why are you using all those words of praise? Shouldn't the few words of Moses and our Sages be sufficient for your prayer?" The man answered: "It is as if an earthly king had a million gold pieces and someone praised him for owning silver ones. Would that not be an insult to him?" (Babylonian Talmud, B'rachot 33b)

יע T'fillah תפילה

Prayer is the expression of our needs and aspirations, addressed to a great Source of help.... What are those needs? First and foremost, health and food and life itself, without which there is nothing; then, on a higher plane, the need for forgiveness of sin and wrongdoing; and finally that all the great and good causes of the human heart shall be brought to victory, that the poor and oppressed shall be comforted, and wrong righted, and justice done and goodness prevail. (Henry Slonimsky)

All rise.

Adonai, open my lips, so my mouth may declare Your praise.

אֲדֹנָי, שְׂפָתֵי תִּפְתָּח, וֹפִי יַגִּיד תְּהִלֶּתֶךְ:

אבות

Psalm 51:17

Ancestors

Praised are You, Adonai our God, and God of our ancestors:
God of Abraham, God of Isaac,
God of Jacob, God of Sarah,
God of Rebekah, God of Rachel,
and God of Leah; great, mighty, and
awesome God, God Most High.
You bestow loyal kindness upon all
and You create all. You remember
the loyalty of our ancestors, and
lovingly bring redemption to their
children's children for the sake of
Your name.

י בָּרוּךְ אַתָּה, יְיָ אֱלֹהֵינוּ, וֵאלֹהֵי אֲבוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַצְקֹב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל, וֵאלֹהֵי לֵאָה. הָאֵל הַגָּרוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן. וֹמֵל חֲסָדִים טוֹבִים, וִקוֹנֵה הַכֵּל, וִזוֹכֵר חַסִּדֵי Excerpts from Exodus 3:15, Deuteronomy 10:17, Nehemiah 9:32, Genesis 14:19, Leviticus 26:42, Genesis 15:1

During the Ten Days of Repentance include:

Remember us for life, O Sovereign who desires life, and inscribe us in the Book of Life, for Your sake, O God of Life.

זְכָרֵנוּ לְחַיִּים, מֶלֶךְ חָפֵץ בַּחַיִּים, וְכָתְבֵנוּ בְּסֵפֶּר הַחַיִּים, לְמַעַנְךְ אֱלֹהִים חַיִּים.

אָבוֹת, וּמֵבִיא גְאֻלָּה לִבְנֵי

בניהם למען שמו, באהבה.

Sovereign Helper, Saviour, and Shield! Praised are You, Adonai, who shields Abraham and attends to Sarah. מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגַן. * בָּרוּךְ אַתָּה יְיָ, מָגַן אַבְרָהָם וּפּוֹקֵד שָׂרָה. God preserves the spark of Avraham within every Jew. (Rabbi Isaac Meir of Ger) גבורות God's Power

.Eternal is Your might, Adonai .You extend life after death .Great is Your power to save אַתָּה גִּבּוֹר לְעוֹלָם, אֲדֹנָי, מְחַיֵּה מֵתִים אַתָּה, רַב לִהוֹשִׁיע.

From Simchat Torah until Pesach include:

You cause the wind to blow and the rain to fall.

מַשִּׁיב הָרְוּחַ וּמוֹרִיד הַגְּשֶׁם.

From Psalm 147:18

From Pesach until Sh'mini Atzeret include:

You cause the dew to descend.

מוריד הטל.

With loyal kindness You sustain the living; with great compassion You extend life to the dead. You support the fallen and heal the sick; You free the captive and keep faith with those who sleep in the dust. Who is like You, Mighty One? Who can compare to You, Sovereign of life and death, Source of salvation?

מְכַלְבֵּל חַיִּים בְּחֶטֶּה, מְחַיֵּה מֵתִים בְּחֲמִים רַבִּים. סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֶמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כָמִוֹךְ, בַּעַל גְּבוּרוֹת, וּמִי דְּוֹמֶה לָּךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה?

From Psalms 145:14, 146:7–8, Daniel 12:2, I Samuel 2:6

During the Ten Days of Repentance include:

Who is like You, Av HaRachamim, who compassionately remembers Your creations for life?

מִי כָמְוֹךָ, אַב הָרַחֲמִים, זוֹכֵר יצוּרִיו לחַיִּים בַּרַחמִים?

You are faithful in extending life after death.
Praised are You, Adonai, who extends life after death.

וְגֶאֱמֶן אַתָּה לְהַחֲיוֹת מֵתִים. בָּרוּךְ אַתָּה יְיָ, מְחַיֵּה הַמֵּתִים.

Upon greeting a friend after a lapse of twelve months or more, one says: "Praised are You, Adonai, who revives the dead." (Babylonian Talmud, B'rachot 58b)

Upon waking, one says: "Praised are You, Adonai, who revives the dead," as sleep is considered to be one-sixtieth of death. (Jerusalem Talmud, B'rachot 4:2)

God's Holiness קדושה

We will sanctify Your name in the world, just as it is sanctified in the highest heavens. As it is written by the hand of Your prophet: "One called to another and proclaimed:

'Holy, holy, holy is Adonai Tz'va'ot, the fullness of all the earth is God's glory.'"

Those facing them declare: "Praised!"

"Praised be God's glory from God's place."

And in Your holy words it is written:

"The Eternal will reign forever; Your God, O Zion, from generation to generation. Halleluyah!" נְקַדֵּשׁ אֶת שִׁמְךָ בָּעוֹלָם, כְּשֵׁם שֶׁמַּקְדִּישִׁים אוֹתוֹ בִּשְׁמֵי מָרוֹם, כַּכָּתוּב עַל יַד נִבִיאָרָ:

ּוְקָרָא זֶה אֶל־זֶה וְאָמַר:

Gradually, the interval between prayer and deed diminishes—until, at last all life becomes a sanctuary.

(Rabbi Alvin Fine)

Isaiah 6:3

יְקַרוֹשׁ יְקָרוֹשׁ יְקִרוֹשׁ יְהוָה אָבָאוֹת, מְלֹא כְל־הָאָרֶץ בּבוֹרוֹ.

לעמַתם בַרוּך יאמֵרוּ:

בוֹר־יְהוָֹה מִמְקוֹמוֹ. Ezekiel 3:12

וּבִדְבָרֵי קַדִשְׁךְ כָּתוּב לֵאמר:

^ ִיִּמְלֹךְ יְהֹוָה לְעוֹלָם, אֱלֹהֵיִךְ, צִיּוֹן, לְדֹר וָדֹר, הַלְלוּיָה!

Psalm 146:10

"קבוֹדוֹ ("God's glory")
No pursuer can overtake God's glory.
God's light casts darkness:
You cannot see God's splendour.
All majesty, all precious things are God's, and blessed in God's hands.

Who am I then? And who am I to burden God with my innumerable songs? I shall be silent, and by my silence shall I thank the Eternal One. (David HaKohen, France, late 13th c.)

From generation to generation we will declare Your greatness, and through all eternity we will proclaim the sanctity of Your holiness. Your praise, our God, will never be taken from our mouths; for God and Sovereign, great and holy are You. Praised are You, Adonai, the*
.holy God

לְדוֹר וָדוֹר וַגִּיד גְּדְלֶּךְ, וּלְנֵצְח נְצָחִים קְדִשָּׁתְךְ נַקְדִּישׁ. וְשִׁבְחֲךָ, אֱלֹחֵינוּ, מִפִּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד, כִּי אֵל *בָּרוּךְ אַתָּה יְיָ, הָאֵל הַקָּדוֹשׁ. *בָּרוּךְ אַתָּה יְיָ, הָאֵל הַקָּדוֹשׁ.

*During the Ten Days of Repentance substitute:

Praised are You, Adonai, the holy Sovereign. ברוּך אַתַּה יָי, הַמֵּלֶךְ הַקְּדוֹשׁ.

Understanding

You favour humankind with knowledge and teach mortals understanding. Favour us with a measure of Your knowledge, understanding, and insight. Praised are You, Adonai, gracious Giver of knowledge.

Repentance

Cause us to return, Avinu, to Your Torah; draw us near, our Sovereign, to Your service; and lead us in wholehearted repentance back to You.

Praised are You, Adonai, who desires repentance.

בינה

אַתָּה חוֹנֵן לְאָדָם דֵּעַת, וֹמְלַמֵּד לֶאֶנוֹשׁ בִּינָה. חְנֵּנִוּ מֵאִתְּךָ דֵּעָה, בִּינָה, וְהַשְּׁכֵּל. בָּרוּך אַתָּה יְיָ, חוֹנֵן הַדֵּעַת.

Yose ben Yo'ezer of Tzereida teaches: "Let your house be a meeting place for sages; sit in the dust of their feet and drink in their words thirstily." (Pirkei Avot 1:4)

תשובה

הֲשִׁיבֵנְוּ אָבִינוּ לְתוֹרָתֶךּ, וְקַרְבֵנְוּ מַלְבֵּנְוּ לַעֲבוֹדָתֶךָ, לְפָנֶיךְ. בָּרוּךְ אַתָּה יְיָ, הָרוֹצֶה בָּתשׁוּבַה.

לְּדוֹר נְדוֹר ("from generation to generation")
Your children will follow your example. If you
truly wish your children to study Torah and make
it come to life, study it yourself in their

presence. Otherwise, they will not devote themselves to Torah, but will simply instruct their children to do so. (Rabbi Menachem Mendel of Kotzk)

Forgiveness

Forgive us, Avinu, for we have sinned; pardon us, our Sovereign, for we have transgressed, for You are the One who pardons and forgives.

Praised are You, Adonai, who graciously extends forgiveness.

Redemption

Look upon our affliction and defend our cause; redeem us speedily for the sake of Your name, for You are a mighty Redeemer. Praised are You, Adonai, Redeemer of Israel.

Healing

Heal us, Adonai, and we will be healed. Save us, and we will be saved; for You are our Praise, the One who grants complete healing for all our afflictions.

סליחה

סְלַח לָנוּ, אָבִיְנוּ, כִּי חָטָאְנוּ, מְחַל לָנוּ, מַלְבֵּנְוּ, כִּי פָשָׁעְנוּ, כִּי מוֹחֵל וְסוֹלֵחֲ אָתָּה. בָּרוּךְ אַתָּה יְיָ, חַנּוּן הַמַּרְבֵּה לִסְלוֹחַ.

גאולה

רְאֵה בְעְנְיֵנוּ, וְרִיבָה רִיבֵּנְוּ, וּגְאָלֵנוּ מְהֵרָה לְמַעֲן שְׁמֶךָ, פִּי גּוֹאֵל חָזָק אָתְּה. בַּרוּךְ אַתָּח יִיָ, גוֹאֵל יִשִׂרָאֵל.

We forgive mostly not from strength, but through imperfections We forgive because we too have done the same to others. easy as a mudslide; or because anger is a fire that must be fed and we are too tired to rise and haul a log.

(Marge Piercy)

רפואה

רְפָּאֵנְוּ יְיָ, וְנֵרָפֵּא, הוֹשִׁיעֵנְוּ וְנִנְשֵׁעֶה, כִּי תְהִלְּתֵנְוּ אָתָּה, וְהַעֲלֵה רְפוּאָה שְׁלֵמָה לְכֵל מַבּוֹתֵינוּ.

The joyful heart is a good medicine; but a broken spirit dries the bones. (Proverbs 17:22)

מלֵח לְנוּ ("forgive us") Why do we say this? I ask God to forgive my neighbour, and she asks God to forgive me. It is written: "You shall love your neighbour as yourself" (Leviticus 19:18). There is no one who knows your many faults better than you! Yet you love yourself nonetheless. So, too, you must love your neighbour, no matter how many faults you see in him. (Chasidic teaching)

קֹמֵען שְׁקּבְּ ("for the sake of Your name")
We use whatever power we may have to influence
God to fulfill our prayers. When God "defends our
cause," God's name is magnified on earth. When
God "redeems us," our praise for God's name
increases. In this way, prayer
is negotiation.

One may offer a personal prayer for a loved one in need of healing.

May it be Your will, Adonai, my God and God of my ancestors, that You quickly send a complete healing from heaven, healing for the soul, and healing for the body, for the ailing, ______ son/daughter of ______, together with the ailing of Israel.

יְהִי רָצוֹן מִלְפָנֶיךְ, יְיָ אֱלֹהֵי וֵאלֹהֵי אֲבוֹתֵי, שֶׁתִּשְׁלַח מְהֵרָה רְפוּאָה שְׁלֵמָה מִן הַשָּׁמֵיִם, רְפוּאַת הַנֶּפֶשׁ וּרְפוּאַת הַגוּף לַחוֹלֶה/לַחוֹלָה, בַּתוֹךְ שָׁאָר חוֹלֵי יִשִּׂרָאֵל. בָּתוֹךְ שָׁאָר חוֹלֵי יִשִּׂרָאֵל.

For You are a Sovereign God, a faithful Healer, the compassionate One. Praised are You, Adonai, Healer of the sick among Your People Israel. כִּי אֵל מֶלֶךְ רוֹפֵא נָאֶמָן וְרַחֲמָן אָתָּה. בָּרוּךְ אַתָּה יְיָ, רוֹפֵא חוֹלֵי עַמּוֹ יִשִּׂרָאֵל.

Abundance

Bless us, Adonai, our God; let this year and all the varieties of its produce be for goodness; and bestow blessing upon the face of the earth. Satisfy us with Your bounty and bless our year as the good years. Praised are You, Adonai, who blesses the years.

ברכת השנים

בָּרֵךְ עָלֵינוּ, יְיָ אֱלֹהֵינוּ, אֶת הַשָּׁנָה הַזֹּאת וְאֶת כְּל מִינֵי תְבוּאָתָה לְטוֹבָה. וְשֵׂבְּעֵנוּ מִטוּכֶךְ, וּבָרֵךְ שְׁנָתֵנוּ בַּשָּׁנִים הַטוֹבוֹת. בַּרוּךְ אַתַּה יִיַ, מִבַרֵךְ הַשַּׁנִים. בַּרוּךְ אַתַּה יִיַ, מִבַרֵךְ הַשַּׁנִים.

בְּבֶּענוּ מְטוּבֶּךְ ("satisfy us with Your bounty")
Even today, [as a widow] I still sit at my own
table, eat to my heart's content, and lie down
at night in my own bed. I still have a shilling or
so in my pocket to spend, for as long as it
pleases the blessed God.

And if my children do not always enjoy good fortune to the extent that I might have hoped, we are nevertheless still alive, thank God, and we thank our Creator.

How many people there are in the world who are more righteous and more pious than we, yet they have not enough food even for a single

meal. There are even some whom I have known personally, who were completely righteous.

How many thanks I owe my Creator for all the kindness that He does for us even when we are not worthy of it. If only we sinful and pitiful mortals would acknowledge His many mercies: The great Creator formed us from matter and inspired us with the knowledge of His holy and awesome Name. Therefore we must serve our Creator wholeheartedly. (Glückel of Hameln, 17th–18th c.)

Freedom

Sound a great shofar for our freedom. Raise up a banner to gather our exiles, and gather us together from the four corners of the earth.

Praised are You, Adonai, who gathers the dispersed of Your People Israel.

חרות

תְּקַע בְּשׁוֹפָר גָּדוֹל לְחֵרוּתֵנוּ, וְשָׂא נֵס לְקַבֵּץ גָּלֻיּוֹתֵינוּ, וְקַבְּצֵנוּ יַחֲד מֵאַרְבַּע בַּנְפוֹת הָאָרֶץ. בָּרוּךְ אַתָּה יִיָ, מְקַבֵּץ נדחי עמוֹ ישׂרָאל.

God who scattered Israel will gather them and guard them as shepherds guard their flocks. (Jeremiah 31:10)

Justice

Restore the justice sought by our judges and our counsellors as at the beginning. Remove from us sorrow and sighing, and may You alone reign over us, Adonai, with kindness and compassion. Make us righteous with justice.

Praised are You, Adonai,
*Sovereign, Lover of righteousness and justice.

צדקה ומשפט

הָשִׁיבָה שׁוֹפְטֵינוּ כְּבָרִאשׁוֹנָה, וְיוֹעֲצֵינוּ כְּבַתְּחִלָּה, וְהָסֵר מִמֶּנוּ יֻגוֹן וַאֲנָחָה, וּמְלוֹךְ עָלֵינוּ אַתָּה יְיָ לְבַדְּךְ בְּחֶסֶד וּבְרַחֲמִים, וְצַדְּקֵנוּ בַּמִּשְׁפָּט. בָּרוּךְ אַתָּה יְיָ, *מֶלֶךְ אוֹהֵב צִדַקָּה וּמִשְׁפַּט.

Let justice well up like water, righteousness like an unfailing stream. (Amos 5:24)

*During the Ten Days of Repentance substitute:

The Sovereign who is Justice.

הַמֵּלֵךְ הַמִּשְׁפַּט.

sound once and for all when freedom is found in the four corners of the earth, but until that day, the shofar sounds to awaken us from our complacency. As it is written: "This is the fast I desire: To unlock the fetters of wickedness, and untie the cords of the yoke, to let the oppressed

go free, to break off every yoke. It is to share your bread with the hungry, and to take the wretched poor into your home; when you see the naked, to clothe him, and not to ignore your own family. Then shall Your light burst through like the dawn and Your healing spring up instantly" (Isaiah 58:6–8).

Against Enemies

For slanderers let there be no hope, and may all wickedness perish instantly; may all Your enemies be swiftly cut off, and may You quickly uproot, crush, rout, and subdue the insolent speedily in our days.

Praised are You, Adonai, who

breaks enemies and subdues

The Righteous

we put our trust.

the insolent.

Over the righteous, over the pious, over the elders of Your People, the House of Israel, over the remnant of their scholars, over the true converts, and over us may Your mercy well up, Adonai, our God. Grant bountiful reward to all who truly trust in Your name and place our lot among them forever. May we not be put to shame, for in You have

Praised are You, Adonai, Support and Trust of the righteous.

למלשינים

וְלַמֵּלְשִׁינִים אַל תְּהִי תִקְנָה, וְכָל הָרִשְׁעָה כְּנֶגֵע תֹאבֵה וְכָל איְבֶיךְ מְהֵרָה יִכָּרֵתוּ, וְתַשַׁבֵּר, וּתְמֵגֵּר, וְתַכְנֵיעַ בּמְהֵרָה בְיָמֵינוּ. בָּרוּךְ אַתָּה יְיָ, שוֹבֵר איְבִים וּמכניע זדים.

Nittai the Arbelite teaches: "Distance yourself from a bad neighbour, and do not associate with the wicked." (Pirkei Avot 1:7)

צדיקים

עַל הַצַּדִּיקִים, וְעַל הַחֲסִידִים, וְעַל זִקְנֵי עַמְּךְ בֵּית יִשְׂרָאֵל, וְעַל פְּלֵיטַת סוֹפְרֵיהֶם, וְעַל גֵּרִי יַיָ אֶלהֵינוּ, וְתֵן שָׁכָר טוֹב לְכָל וְשִׁים חֶלְקֵנוּ עִמְּהֶ בָּאֶמֶת. וְשִׂים חֶלְקֵנוּ עִמְּהֶם לְעוֹלָם, וְלֹא נֵבוֹשׁ, כִּי בְךְ בָּטָחְנוּ. בְּרוּךְ אַתָּה יְיָ, מִשְׁעָן וּמִבְטָח לצדּיקים.

If you see a group of faithful people standing near you, stand up and embrace them and kiss them, and kiss them and embrace them again. (Ecclesiastes Rabbah 3:5)

instituted in Yavneh, during the time of Rabban Gamliel II, after the destruction of the Second Temple. The "blessing" was added to the Amidah in response to the threats posed by such Jewish sects as the Sadducees, Boethusians, Essenes, and those who would become the early Christians. To win the internal Jewish ideological battle, representatives of these groups dared to approach Roman officials

and slander their opponents, leading to the worst kinds of punishment. The sects to whom the prayer originally referred are long gone, but the prayer remains as a call for protection from any threat to the Jewish People—from within and without.

גרי האֶרֶק ("the true converts") Converts to Judaism are included among the righteous of Israel.

For Jerusalem

To Jerusalem, Your city, turn in compassion, and dwell therein as You have promised. Rebuild it soon in our days as an eternal edifice. Praised are You, Adonai, Builder of Jerusalem.

Deliverance

Cause the sprout of deliverance to spring up soon. Let the light of deliverance shine forth according to Your word, for we hope for Your deliverance all the day.

Praised are You, Adonai, who causes the light of deliverance to break through.

Hear Our Prayer

Hear our voice, Adonai, our God, have pity and compassion upon us, and accept our prayer with mercy and favour, because You are God who hears prayers and supplication. Our Sovereign, do not turn us away empty, for You listen compassionately for the prayer of Your People Israel. Praised are You, Adonai, who listens to prayer.

שלום ירושלים

וְלִירוּשָׁלַיֵם עִירְךָ בְּרַחֲמִים תָּשׁוּב, וְתִשְׁכּוֹן בְּתוֹכָה כַּאֲשֶׁר דִּבַּרְתָּ, וּבְנֵה אוֹתָה בְּקָרוֹב בְּיָמֵינוּ בִּנְיַן עוֹלָם. בָּרוֹךְ אַתָּה יִיָּ, בּוֹנֵה יְרוּשָׁלָיִם.

קרן ישועה

אֶת צֶמַח הַיְּשׁוּעָה מְהֵרָה תַצְמִיחַ, וְקֶרֶן יְשׁוּעָה לִישׁוּעָתְךָ קִוִּינוּ כְּל הַיּוֹם. בָּרוּךְ אַתָּה יְיָ, מַצְמִיחַ קֵרֵן יִשׁוּעַה.

שמע קולנו

שְׁמַע קּוֹלֵנוּ, יְיָ אֱלֹהֵינוּ, חוּס וְרַחֵם עָלֵינוּ, וְקַבֵּל בְּרַחֲמִים וּבְּרָצוֹן אֶת תְּפִלָּתֵנוּ, כִּי אֵל שׁוֹמֵעַ הְפִלּוֹת וְתַחֲנוּנִים אֶתָּה. וּמִלְפָנֶיךָ, מַלְבֵּנוּ, רֵיקָם אַל הְשִׁיבֵנוּ. כִּי אַתָּה שׁוֹמֵעַ הְפִלַּת עַמְךָ יִשְׂרָאֵל בְּרַחֲמִים. בַּרוּךְ אתּה יִי, שׁוֹמֵע תִּפּלָה. May God bless you from Zion. May you see the well-being of Jerusalem all the days of your life. May you live to see your children's children, with peace upon Israel. (Psalm 128:5-6)

Not knowing which should come first, to improve one's self or to improve the world, we end up doing neither.
Actually, the only way to improve one's self is by improving the world. (Rabbi Mordecai Kaplan)

תּבְּיֵן עוֹלָם ("an eternal edifice") This prayer has taken many forms in Reform prayerbooks in order to clarify that we no longer wish for a rebuilding of the Temple nor the resumption of the sacrificial system of worship. The description of Jerusalem as "an eternal edifice" can be taken

as metaphor. Similarly, at the conclusion of the Pesach seder we say: "Next year in Jerusalem!" For some it is a practical prayer for present-day Zionism; for others it

is a futuristic prayer for the messianic vision of home.

עבודה Worship

Be gracious, Adonai our God, to Your People Israel, and receive our prayers with love. May our worship always be acceptable to You.

Draw near to all who seek You; turn to all who serve You; grace us with the presence of Your spirit. רְצֵה, יְיָ אֱלֹהֵינוּ, בְּעַמְּךְ יִשְׂרָאֵל, וּתְפִּלָּתָם בְּאַהְבָּה תְקַבֵּל, וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹרַת יִשְׂרָאֵל עַמֶּךְ.

Mishnah Rosh HaShanah 4:5, Mishnah Tamid 1:5

אַל קָרוֹב לְכָל קֹרְאָיוּ, פְּנֵה אֶל עֲבָדֶיךְ וְחָנֵּנוּ; שְׁפּוֹךְ רוּחַךְ עָלֵינוּ.

On Rosh Chodesh, Chol HaMo'eid, and Yom HaAtzma'ut include:

Our God and God of our ancestors, be especially mindful of us and all Your People, the House of Israel, for well-being and favour, for kindness and compassion, for life and for peace on this

- day of the New Month.
- Festival of Pesach.
- Festival of Sukkot.
- day of Israel's Independence.

Adonai our God, this day remember us for well-being. *Amen*.

This day acknowledge us with blessing. *Amen*.

This day help us to a fuller life. Amen.

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, יַעֲלֶה וְיָבֹא וְיזָבֵר זְכָרוֹנֵנוּ וְזְכְרוֹן כָל עַמְּךְ בֵּית יִשְׂרָאֵל לְפָנֶיךְ, לְטוֹבָה, לְחֵן וּלְחֶסֶר וּלָרַחַמִים, לְחַיִּים וּלִשָּלוֹם בִּיוֹם

- .ראש הַחַרשׁ הַזָּה.
 - חג הַמַּצוֹת הַזֶה.
 - חַג הַסְּכּוֹת הַזֶּה.
- .חג הַעַצְמַאות הַוֶּה. —

זְכְרֵנוּ, יְיָ אֱלֹהֵינוּ, בּוֹ לְטוֹבָה. אָמֵן.

וּפְקְדֵנוּ בוֹ לִבְרָכָה. אָבֵּוֹ.

וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּים. אָמֵן.

And may our eyes behold Your compassionate return to Zion. Praised are You, Adonai, who restores Your Divine Presence to Zion.

איה הְקַבּל ("receive our prayers with love") There is nothing sought by God except to hear the prayers of Israel. (Midrash Tehilim 116:1)

ְּוְתֶחֲזֶינָה עֵינִינוּ בְּשׁוּבְךְּ לְצִיּוֹן בְּרַחֲמִים. בָּרוּךְ אַתָּה יְיָ, הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן.

עבוֹדָה ("worship" or "service") Do not limit the form in which you wish to serve God. Be what the moment calls for. Be like a vessel into which anything can be poured—wine, milk, or water. (Rabbi Avraham Yehoshua Heschel of Apt)

Gratitude הודאה

We gratefully acknowledge that You are Adonai, our God, the God of our People for all time. You are the Rock of our life, the Power that shields us in every age. We thank You and sing Your praises: for our lives, which are in Your hand; for our souls, which are in Your keeping; for the signs of Your presence we encounter every day; and for Your wondrous gifts at all times: morning, noon, and night. You are Goodness; Your mercies never end. You are Compassion; Your love has never failed. You have always been our Hope.

מוֹדִים אֲנַחְנוּ לֶךְ, שָׁאַתָּה
 הוֹא יְיָ אֱלֹהֵינוּ וֵאלֹהֵי
 אֲבוֹתֵינוּ לְעוֹלֶם וָעֶד. צוּר חַבֵּינוּ, מָגַן יִשְׁעֵנוּ, אַתָּה הוֹא לְדוֹר וָדוֹר נוֹדֶה לְּךְ וּנְסַפֵּר הְּהָלֶתְר, עַל חַבֵּינוּ הַמְּסוּרִים בְּיֶדֶךְ, וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לֶךְ, וְעַל נִשֶּירְ שָׁבְּכְל יוֹם עִמֵּנוּ, וְעַל נִשֶּׁיךְ
 שֶׁבְּכְל יוֹם עִמֵּנוּ, וְעַל נִשֶּיךְ
 שַׁבְּלְאוֹתֶיךְ וְעוֹבוֹתֶיךְ
 הַפֹּוֹב, כִּי לֹא־כָלוּ רַחֲמֶיךְ
 הַמוֹלם קּוִינוּ לֹךְ
 מעוֹלם קּוִינוּ לֹךְ

From Psalm 79:13

From Lamentations 3:22

On Chanukah include:

We give thanks for the redeeming wonders, the mighty deeds, and the triumphant battles by which our People was saved at this season in days gone by.

In the days of Matityahu the Hasmonean and his sons, a tyrant arose against our ancestors, determined to make them forget Your Torah, and to turn them away from doing Your will. But with great compassion, You stood by them in their time of trouble.

עַל הַנִּסִּים, וְעַל הַפְּרְקָן, וְעַל הַגְּבוּרוֹת, וְעַל הַהְּשׁוּעוֹת, וְעַל הַמִּלְחָמוֹת שֶׁעָשֵׂיתָ לַאֲבוֹתֵינוּ, בַּיָמִים הָהֵם בּזִמן הַזָּה.

בִּימֵי מַתִּתְיָהוּ בֶּן יוֹחָנָן כֹּהֵן נָּרוֹל, חַשְׁמוֹנֵאי וּבָנִיוּ, כְּשֶׁעָמְדָה מַלְכוּת יָוָן הָרְשָׁעָה עַל עַמְךְ יִשְׂרָאֵל לְהַשְׁכִּיחָם תוֹרָתֶךְ, וּלְהַעֲבִירָם מֵחֻמֵּי רְצוֹנֶךְ, וְאַתָּה בְּרַחֲמֶיךְ הָרַבִּים עָמַדְתָּ לָהֶם בִּעֵת צַרַתָם. He who wills something great is in my eyes a great man—not he who achieves it. For in achievement luck plays a part. The most miraculous of all things is when a man never gives up. (Theodor Herzl)

נוֹדֶה לְּךְ ("we thank You") The older we get, the greater becomes our inclination to give thanks, especially heavenwards. We feel more strongly than we could possibly have ever felt

before that life is a free gift, and we receive every unqualifiedly good hour by gratefully reaching out hands for an unexpected gift. (Martin Buber)

On Chanukah continue:

You defended their cause; You judged their case and avenged them.

Through the power of Your spirit, the weak defeated the strong, the few prevailed over the many, and the righteous were triumphant.

Then Your children returned to Your House, entered the Holy of Holies, purified Your sanctuary, and kindled the lights in its courtyards.

They dedicated these eight days of Chanukah to give thanks and to praise Your great name.

ַרְבָּתָּ אֶת רִיבָם, דֵּיְנָתָ אֶת דִינָם, נַקְמְתָּ אֶת נִקְמָתָם. מָסַרְתָּ גָּבּוֹרִים בְּיֵד הַלָּשִׁים, וְרַבִּים בְּיֵד מְעַשִּים בְּיֵד טְהוֹרִים, וּרְשָׁעִים בְּיֵד צַדִּיקִים, וְּלְךְ עֲשִׂיתָ שֵׁם נָּדוֹל וְקָדוֹש בְּעוֹלְמֶךְ, וּלְעַמְךְ יִשְׂרָאֵל עֲשִׂיתָ הַשְׁינָה, וִּאְחַר בִּן בָּאוֹ בָנֵיךְ לִדְבִיר בִיתֶךְ, וּפִנּוּ אֶת הֵיכָלֶךְ, וְטְהַרוּ אֶת בִּיתֶךְ, וִפְנוּ אֶת הֵיכָלֶךְ, וְטְהַרוּ אֶת מִקְדְשֶׁךְ, וְמְּנִוֹ אֶת הֵיכָלֶךְ, וְטְהַרוּ אֶת מְדְשֶׁךְ, וְמְבָּלִי לְשִׁמִרְ הַבִּיל לְשִׁמִרְ הַבְּילִר. הַבְּלִילוֹת לְהוֹדוֹת וּלְהַלֵּל לְשִׁמִרְ הַבְּדוֹל.

On Purim include:

We give thanks for the redeeming wonders, the mighty deeds, and the triumphant battles by which our People was saved at this season in days gone by.

In the days of Mordechai and Esther, in the capital city of Shushan, the wicked Haman rose up, plotting the destruction of all the Jews. He planned to annihilate them—young and old, women and children—in a single day, the thirteenth of Adar, and to plunder their possessions as well.

But You, in Your great compassion, thwarted his plan, frustrated his scheme. עַל הַנִּסִּים, וְעַל הַפְּרְקָן, וְעַל הַגְּבוּרוֹת, וְעַל הַתְּשׁוּעוֹת, וְעַל הַמִּלְחָמוֹת שֶׁעָשִּׁיתָ לַאֲבוֹתִינוּ, בַּיָמִים הָהֵם בַּוִּמֵן הַזֵּה.

בִּימֵי מְרְדְּכֵי וְאֶסְתֵּר בְּשׁוּשַׁן הַבִּירָה, בְּשֶׁעָמַד עֲלֵיהֶם הָמָן הָרָשָׁע, בִּקֵשׁ לְהַשְׁמִיה לַהֲרֹג, וּלְאַבֵּד אֶת כָּל הַיְהוּדִים, מִנַּעֵר וְעַד זָקֵן, טַף וְנָשִׁים, בְּיוֹם אֶחָה בִּשְׁלוֹשָׁה עָשָּׁר לְחִדֶּשׁ שְׁנֵים עָשָׂר, הוּא חֹדֵשׁ אָדָר, וּשִׁלָלֵם לַבּוֹז.

וְאַתָּה בְּרַחֲמֶיךְ הָרַבִּים הַפַּרְתָּ אֶת עֵצַתוֹ, וִקּלְקַלְתַּ אֶת מַחֲשֶׁבְתוֹ.

For all this, O Sovereign God, let Your name be forever praised and exalted.

וְעַל כָּלֶּם יִתְבָּרֵךְ וְיִתְרוֹמֵם שִׁמְךָ, מֵלְבֵּנוּ, תָּמִיד לְעוֹלָם וָעֶד.

During the Ten Days of Repentance include:

Inscribe all the children of Your covenant for good life.

וּכְתֹב לְחַיִּים טוֹבִים כַּל בָּנֵי בִרִיתֵּךָ.

O God, our Redeemer and Helper, let all who live gratefully acknowledge You and praise Your name in truth. Selah! Praised are You, Adonai, whose name is Goodness. We give You thanks and praise.

וְכֹל הַחַיִּים יוֹדְוּךָ פֶּלָה, וִיהַלְלוּ אֶת שִׁמְךָ בָּאֲמֶת, דָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֶלְה. * בָּרוּךָ אַתָּה יְיָ, הַטוֹב שִׁמְךָ וּלְךָ נָאָה לְהוֹדוֹת.

Peace

Grant us peace, Your most precious gift, O Eternal Source of peace, and give us the will to proclaim its message to all the peoples of the earth. Bless our country, that it may ever be a stronghold of peace, and its advocate among the nations. May contentment reign within its borders, health and happiness within its homes. Strengthen the bonds of friendship among the inhabitants of all lands, and may the love of Your name hallow every home and every heart.

*Praised are You, Adonai, who

ברכת שלום

שִׁים שָׁלוֹם, טוֹבָה וּבְרָכָה, חֵן וָחֶטֶד וְרַחֲמִים, עָלֵינוּ וְעַל כְּל יִשְׂרָאֵל עַמֶּךְ. בְּרְכֵנוּ אָבִינוּ, כָּלְנוּ כְּאֶחָה בְּאוֹר פָּנֶיךְ, כִּי בְאוֹר פָּנֶיךְ חַיִּים, וְאַהֲבַת חֶטֶד, וּצְדָקָה, וּבְרָכָה, וְרַחֲמִים, וְחַיִּים, וְשָׁלוֹם. וְטוֹב בְּעִינֶיךְ לְבָרֵךְ וְשָׁלוֹם. וְטוֹב בְּעִינֶיךְ לְבָרֵךְ וְבָּכָל שָׁעָה בִּשְׁלוֹמֶךְ.

Whenever a treaty of peace is signed, God is present. (Rabbi Nachman of Bratzlav)

*Praised are You, Adonai, who
blesses Your People Israel with peace.

*בָּרוּךְ אַתָּה יְיָי, הַמְּבָרֵךְ אֶת

*בָּרוּךְ אַתָּה יְיָי, הַמְּבָרֵךְ אֶת

*During the Ten Days of Repentance substitute:

In the Book of Life, Blessing, Peace, and Prosperity may we and all Your People, the House of Israel, be remembered and inscribed for good life and peace.

Praised are You, Adonai, Maker of Peace.

בְּסֵפֶּר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה וָזָכֵר וְנִבָּתֵב לְפָנֶיךְּ, אֲנַחְנוּ וְכָל עַמְּךְ בֵּית יִשְׂרָאֵל, לְחַיִּים טוֹבִים וּלְשָׁלוֹם.

בַּרוּךְ אַתָּה יִיָּ, עוֹשֵׂה הַשַּׁלוֹם.

אלהו נצור

Private Meditation

My God, keep my tongue from evil and my lips from deceit. Help me to keep silent in the face of derision, humble in the presence of all. Open my heart to Your Torah, and let my soul pursue Your mitzvot. Concerning those who plan evil against me, swiftly annul their counsel and frustrate their intentions. Act for the sake of Your name. Act for the sake of Your right hand. Act for the sake of Your holiness. Act for the sake of Your Torah. In order that Your loved ones be delivered, save with Your right hand and answer me.

May the words of my mouth and the meditations of my heart be acceptable to You, Adonai, my Rock and my Redeemer.

May the One who causes peace to reign in the high heavens let peace descend on us, on all Israel, and on all the world. And let us say: Amen.

אַלהַי, נצר לשוני מרע, ושפתי מדבר מרמה, ולמקללי נפשי תדום, וְנַפִשִׁי כֵּעַפַר לַכֹּל תִּהְיֵה. פַתח לְבֵּי בַּתוֹרַתֶּךְ, ובמצותיך תרדוף נפשי, וכל החושבים עלי רעה, מָהֶרָה הַפֶּר עַצַתַם וִקַּלְקֵל מַחַשַבְתַּם. עַשֶה למַעַן שִׁמֶּךְ, עֲשֶׂה לְמַעַן יִמִינֵךְ, עשה למען קרשתר, עשה למען תורתה. למען יַחַלצוּן יִדידִיךָ. הושיעה יִמִינְךְ וַעַנֵנִי.

יָהָיוּ לָרַצוֹן אַמְרֵי־פִּי וָהֵגִיוֹן לְבִּי לְפַנֵיְךָ, יִהוַה, צורי וגאלי:

עשה שלום בַּמְרוֹמֵיו, הוא יעשה שלום עלינו ועל כל ישראל, ואמרו: אמן. Babylonian Talmud, B'rachot 17a, drawing on Psalms 34, 108, 60, and 19

Rabbi Safra would add to his prayer: May it be Your will that I not sin in such a way as to bring shame upon myself or disgrace to my parents. (Babylonian Talmud, B'rachot 16b-17a)

All are seated. For the Counting of the Omer, turn to page 25.

שׁפַתֵּי מִדְבֵּר מִרְמַה ([keep] my lips from deceit") How do we find our Source who is in heaven? We find God by good deeds and the study of Torah. How does the Holy One, Praised be God, find us? Through love, companionship, truth, peace, humility, study; through a good heart; through a no that is no and a yes that is yes. (Seder Eliyahu Rabbah)

עשה שלום ("may the One who causes peace") Our Rabbis taught: During the Amidah one should bow at the beginning and end of the Avot, and at the beginning and end of the Modim. Even if one wants to bow at the end of every blessing, that person should be taught not to. (Babylonian Talmud, B'rachot 34a)

Aleinu עלינו

To be religious is to feel reverential respect for the cosmos and its Creator, for humanity and its individual members. But it doesn't stop there. It doesn't lose itself in mere contemplation. It is also an active response to that which elicits reverence. It is not merely a feeling of the heart but a decision of the will, a commitment to a task, a self-enrollment in a great adventure. (Rabbi John D. Rayner)

This is the essence of the *Aleinu*, the culmination of the prayer service. We begin with *Barechu* as the "Call to Worship"; we conclude with *Aleinu* as the "Call to Service."

All rise.

It is upon us to praise the God of all, to ascribe greatness to the Author of creation, who has not made us like the nations of the lands nor the other families of the earth; who has not assigned our lot as theirs, nor our destiny as that of all the multitudes.

Therefore, we kneel, we bow in worship, and offer thanks before the Sovereign Ruler of all rulers, the Holy One, praised be God:

Who spreads out the heavens and establishes the earth, whose glory dwells in the highest heaven, whose mighty Presence is in the loftiest of heights. This is our God, there is no other; our true Sovereign, who is beyond exception. As it is written in Your Torah: "Know this day and take it to heart: the Eternal is God in the heavens above and on the earth below; there is none else."

עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּלּ, לָתֵת גְּדָלָה לְיוֹצֵר בְּרֵאשִׁית, שָׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאֲרָצוֹת, וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה; שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם, וְגֹּרָלֵנוּ כְּכְל הֲמוֹנָם.

י וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים, הַקָּדוֹשׁ בָּרוּךְ הוּא.

שֶׁהוּא נוֹטֶה שָׁמֵיִם וְיוֹמֵד אָרֶץ, וּמוֹשֵׁב יְקָרוֹ בַּשָּׁמִים מִמְּעַל, וּשְׁכִינַת עֻזּוֹ בְּגְבְהֵי מְרוֹמִים. הוּא אֱלֹהֵינוּ, אֵין עוֹר. אֱמֶת מֵלְבֵּנוּ, אֶפֶס זוּלָתוֹ, כַּבָּתוּב בְּתוֹרָתוֹ: וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל־לְבָבֶךְ, כִּי יְהוָה הוּא הָאֱלֹהִים בַּשָּׁמֵיִם מִמֵּעַל ועל-הארץ מתחת, אין עוֹר:

Isaiah 51:13

Deuteronomy 4:39

We therefore place our hope in You, Adonai our God. Soon may we behold the glory of Your power: banish idolatry from the earth; wipe away false gods; and perfect the world by Your divine rule. Then all humanity will call upon Your name and even the wicked will turn toward You. All the inhabitants of the earth will come to know that to You alone every knee must bend and every tongue swear loyalty. Before You, Adonai our God, let them humble themselves. To Your glorious name, let them give honour. Then all will accept the yoke of Your dominion, and You will reign over them soon and forever. For sovereignty is Yours, and to all eternity You will reign in glory. As it is written in Your Torah: "Adonai will reign forever and ever."

And it is said: "Adonai shall rule over all the earth. On that day, God shall be One and God's name shall be One."

על כַּן נִקוּה לָךְ, יִיַ אַלהִינוּ, לָרָאוֹת מָהֶרָה בַּתִפָּאָרַת עוַרָּ, להעביר גלולים מן הארץ, והאלילים כרות יכרתון, לתקן עולם במלכות שדי. וכל בני בשר יקראו בשמך, לְהַפָּנוֹת אֵלֵיךְ כַּל רְשְׁעֵי אַרץ. יַכַּירוּ וְיֵדְעוּ כַּל יוֹשְׁבֵי תַבֶּל, כִּי לָךְ תִּכְרַע כַּל־בֵּרֶךְ, תִשַּבע כַּל־לַשוֹן. לפַנֵיך, ייַ אַלהינו, יכרעו ויפלו, ולכבוד שמה יקר יתנו, ויקבלו כלם את על מלכותר, ותמלך עַלֵיהֶם מָהֶרָה לְעוֹלַם וַעָר בִּי הַמַּלְכוּת שֵׁלְּךְ הִיא ולעולמי עד תמלך בכבוד, בַּבָּתוּב בִּתוֹרָתֵך: יְהוַה יִמְלֹּךְ לעולם ועד:

Isaiah 45:23

Exodus 15:18

ְנֶאֶמֵר: וְהָיָה יְהנָה לְמֶלֶּךְ עַל־כְּל־הָאָבֶץ, בַּיּוֹם הַהוּא יִהְיֵה יִהנַה אָחַר וּשִׁמוֹ אַחַר:

Zechariah 14:9

("on that day") בַּיּוֹם הַהוּא

And then all that has divided us will merge
And then compassion will be wedded to power
And then softness will come to a world that is
harsh and unkind

And then both men and women will be gentle And then both women and men will be strong And then no person will be subject to another's will

And then all will be rich and free and varied And then the greed of some will give way to the needs of many And then all will share equally in the earth's abundance

And then all will care for the sick and the weak and the old

And then all will nourish the young
And then all will cherish life's creatures
And then all will live in harmony with each
other and the earth

And then everywhere will be called Eden once again.

(Judy Chicago)

After Aleinu:

My God, my God,
I pray that these things never end:
The sand and the sea,
The rush of the waters,
The crash of the heavens,
The prayer of the heart.
The sand and the sea,
The rush of the waters,
The crash of the heavens,
The prayer of the heavens,

אֵלִי, אֵלִי, שֶׁלֹא יִגָּמֵר לְעוֹלָם הַחוֹל וְהַיָּם, רְשְׁרוּשׁ שֶׁל הַמֵּיִם, הְּפָלַת הָאָדָם. הַחוֹל וְהַיָּם, רִשְׁרוּשׁ שֶׁל הַמֵּיִם, הְפָלַת הַאָּדָם. הִפִּלַת הַאָּדָם.

"A Walk to Caesarea" by Hannah Szenes

Deep in the heart of every Jew, in its purest and holiest recesses, there blazes the fire of Israel. (Rabbi Avraham Yitzchak Kook)

Yizkor

May God remember the sons and daughters who exposed themselves to mortal danger in those days of struggle prior to the establishment of the State of Israel. And may God remember the soldiers of the Israel Defence Forces who fell in the wars of Israel.

May the People of Israel keep them in their memory and be blessed by their descendants. Let them mourn the splendour of youth, the charm of courage, the holiness of will, and the devotion of self-sacrifice which ended in heavy battles.

May the loyal and valiant heroes of freedom and victory be sealed within the hearts of Israel, in each and every generation. יזכור

יִזְכּׂר אֱלֹהִים אֶת בָּנָיו וּבְנוֹתָיו אֲשֶׁר חֵרְפוּ נַפְשָׁם בַּמַּאְבָּק עַל הַמְּדִינָה־ בַּדֶּרֶךְ, וְאֶת חַיַּלֵי צְבָא הַהֲגַנָה לְיִשְׂרָאֵל אֲשֶׁר נָפְלוּ בְּמִלְחֲמוֹת יִשְׂרָאֵל.

יְזְכּׂר יִשְׂרָאֵל וְיִתְבָּרֵךְ בְּזַרְעוֹ, יֶאֶבַל עַל זִיו הָעֲלוּמִים, וְחֶמְדַת הַגְּבוּרָה וּקְדָשַׁת הָרָצוֹן וּמְסִירוּת הַנָּפֶשׁ אֲשֶׁר נִסְפּוּ בִּמַעַרַכוֹת הַכָּבִרוֹת.

יִהְיוּ גִּבּוֹרֵי הַדְּרוֹר וְהַנִּצְחוֹן הַנֶּאֶמָנִים וְהָאֲמִיצִים חֲתוּמִים בְּלֵב יִשְׂרָאֵל לדוֹר דוֹר. Even the ordinary soldier whose blood fell upon the ancient path knew that the splendour of mountains, the silvery treetops, and the glittering dome are the outer gold of the song of Solomon and of David's tear. (Zelda)

God, full of compassion, dwelling on high, grant perfect rest under the wings of Your sheltering Presence among the holy and pure who shine as the light of the firmament, to the souls of all the soldiers of Israel and all the heroes of our People who sacrificed their lives for our homeland. As we pray for the ascent of their souls, the God of Compassion will protect them forevermore under the cover of Divine wings. And bind their souls in the bond of eternal life. Adonai is their inheritance. May their resting place be a Garden of Eden, a dwelling place of everlasting peace, and let us say: Amen.

אַל מלא רחמים, שוכן במרומים, המצא מנוחה נכונה תחת כנפי השכינה, במעלות קדושים וטהורים בְּוֹהֵר הַרַקִּיעַ מֵזְהִירִים, לְנִשְׁמוֹת כָּל חַיַּלֵי יִשִׂרָאֵל וכל גבורי עמנו שמסרו נפשם על גאולת ארצנו. בעבור שאנו מתפללים לעלוי נשמתם, לכן בעל הרחמים יסתירם בסתר כנפיו לעולמים, וַיִצרור בַצרור הַחַיִּים אַת נִשְׁמוֹתֵיהֶם. יִיַ הוא נַחַלַתם, בִּגַן עֵדֵן תִּהָא מנוחתם, ויַנוחו בשלום על משכבותיהם, ונאמר, אמן.

I will not fear the tens of thousands that surround me. Rise up, O God, and save me. (Psalm 3:7-8)

Mourner's Kaddish, page 384 HaTikvah, page 547

שָׁאָנוּ מִהְפַּלְּיִׁנם ("as we pray") Verses for Memorial Day, a psalm of remembering for the war dead

What is the correct way to stand at a memorial ceremony?

Erect or stooped, pulled taut as a tent or in the slumped posture

of mourning, head bowed like the guilty or held high

in a collective protest against death,

eyes gaping frozen like the eyes of the dead or shut tight, to see stars inside?

And what is the best time for remembering?

At noon

when shadows are hidden beneath our feet, or at twilight

when shadows lengthen like longings that have no beginning, no end, like God? (Yehuda Amichai) All rise.

Magnified and sanctified be the great name of the One by whose will the world was created. Amen. May God's sovereignty govern our lives, and the life of the whole House of Israel, and let us say: Amen.

May God's great name be praised for all eternity.

Blessed and praised; glorified, exalted, and extolled; lauded, honoured, and acclaimed be the name of the Holy One, who is ever to be praised, far above all the blessings and songs of praise and consolations which human lips can utter, and let us say: Amen.

May the blessing and the promise of life come to us and all Israel, and let us say: Amen.

May the One who causes peace to reign in the high heavens cause peace to descend on us, and on all Israel, and let us say: Amen. יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵה רַבָּא. אָמֵן. בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵה, וְיַמְלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִוְמַן קָרִיב, וִאִמִרוּ: אַמֵן.

> יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמֵיָּא.

From Psalm 113:2, Daniel 2:20

יִתְבָּרֵךְ וְיִשְׁתַּבֵּח, וְיִתְפָּאַר וְיִתְנשֵׁא, וְיִתְהַלָּל שְׁמֵה דְּקוּדְשָׁא, בְּרִיךְ הוּא, לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנָחֲמָתָא דַּאֲמִירָן בָּעַלְמֵא, וְאָמָרוּ: אַמֵן.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כְּל יִשְׂרָאֵל, וָאָמָרוּ: אַמֵן.

עשֶׁה שָׁלוֹם בִּמְרוֹמֵיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כְּל יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן. Yit·ga·dal ve·yit·ka·dash she·mei ra·ba. A·mein. Be·al·ma di·ve·ra chir·u·tei, ve·yam·lich mal·chu·tei be·cha·yei·chon u·ve·yo·mei·chon u·ve·cha·yei de·chol Beit Yis·ra·eil, ba·a·ga·la u·vi·ze·man ka·riv, ve·im·ru: A·mein.

Ye·hei she·mei ra·ba me·va·rach le·a·lam u·le·al·mei al·ma·ya.

Yit-ba·rach ve·yish·ta·bach ve·yit·pa·ar ve·yit·ro·mam ve·yit·na·sei ve·yit·ha·dar ve·yit·aleh ve·yit·ha·lal she·mei de·Ku·de·sha, be·rich Hu, le·ei·la min kol bir·cha·ta ve·shi·ra·ta tush·be·cha·ta ve·ne·che·ma·ta da·a·mi·ran be·al·ma ve·im·ru: A·mein.

Ye·hei she·la·ma ra·ba min she·ma·ya ve·cha·yim a·lei·nu ve·al kol Yis·ra·eil, ve·im·ru: A·mein.

O·seh sha·lom bim·ro·mav, Hu ya·a·seh sha·lom a·lei·nu ve·al kol Yis·ra·eil, ve·im·ru: A·mein.

HaTikvah may be found on page 547.

עֹשֶׂה שָׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלְינוּ ("may the One who causes peace to reign in the high heavens cause peace to descend on us") Almost from the dawn of becoming a people—our lives have moved within the content of the Kaddish prayer.

The Yitgadal v'Yitkadash is the prayer which sanctifies the One who sits in the heavens, and expresses the profound faith of the Jewish people, and the One who makes peace in the heavens. The joy of the Jewish people is always diluted by sorrow—the chuppah and the broken glass underneath it, the dedication of a house with mezuzot and the unfinished plaster as a

remembrance of the Temple's destruction, the Passover Seder and the *maror*. In Israel, the tears of Memorial Day fall upon the dancers of Independence Day (since one day follows on the heels of the other). The Jewish People has known many painful times in its life ... even to the point of despair, on the edge of the abyss....We have survived by the strength of faith. A person lives by faith, and dies by that same faith.

We are carrying a dream. We will not unload it now.... Faith moves us from today to tomorrow—to days of memory and compassion, to days of peace. (Yitzchak Rabin)

₩ Israel Independence Day

יום העצמאות

On Yom HaAtzma'ut, we celebrate the miracle of the rebirth of the State of Israel, deepen our attachment to her sacred soil, and reflect upon our responsibilities to the dreams and realities of Israel. While Reform Judaism was founded, in part, on the belief that a Jew could make a real home in the modern Diaspora, today we complement this belief with the understanding that Israel is the centre of the Jewish world and that we are uniquely bound to that land.

When the Knesset voted that Yom HaAtzma'ut be celebrated on the fifth day of Iyar (the Hebrew date corresponding to May 14, 1948), David Ben-Gurion noted that this was the first new holiday to be added to the Jewish calendar in over 2,000 years. The official resolution states: "On this day, let all labour cease....Let the people gather in families and settlements for rejoicing and gladness, for memorial and thanksgiving, for unity and inspiration, for on this day Israel will celebrate its new holiday of independence." No customs or rituals were yet established, but over time the following songs, prayers, and poetry have emerged in celebration of the re-establishment of the Jewish national home.

A Song of Ascents.

When God returned us to Zion from exile, we thought we were dreaming.

Then our mouths filled with laughter and cheers were on our tongues.

The other nations saw and said: "Adonai has done great things for them."

Adonai *has* done great things for us, and we were very glad.

שׁיר הַמַּעֵלוֹת.

בְּשׁוּב יְהֹנָה אֶת־שִׁיבַת צִיּוֹן הַיֵּינוּ בָּחֹלָמִים:

> אָז יִמָּלֵא שְׂחוֹק פִּינוּ וּלִשׁוֹנֵנוּ רְנַה;

אָז יֹאמְרוּ בַגּוֹיִם הִגְּדִּיל יְהנָה לַעֲשׂוֹת עִם־אֵלֶה:

הגְּדִּיל יְהֹוָה לַעֲשׁוֹת עִמָּנוּ היינוּ שמחים: Psalm 126

Thus said Adonai: "Restrain your voice from weeping, your eves from shedding tears; for there is a reward for your labour—They shall return from the enemy's land. And there is hope for your future— Your children will return to their country." (Jeremiah 31:15-16)

Dr. Chaim Weizmann, the chemist who would become the first president of modern Israel, was lobbying British politicians to win their support for the Zionist effort to gain a Jewish homeland, a member of the House of Lords asked him: "Why do you Jews insist on Palestine

when there are so many undeveloped countries you could settle in more conveniently?"
Weizmann answered: "That is like my asking you why you drove twenty miles to visit your mother last Sunday when there are so many old ladies living on your street." (As told by Rabbi Harold Kushner)

Return us again to freedom, Adonai, like streams, long dry, to the Negev returning.

Those who sow in tears will reap in joy.

The farmer may weep when he buries the precious seed,

but singing, he comes back with his arms filled with grain.

שׁוּבָה יְהוָה אֶת־שְׁבִּיתֵנוּ כַּאַפִּיקִים בַּנֵּגֶב:

הַוֹרְעִים בְּדִמְעָה בְּרָנָה יִקְצְרוּ:

הָלוֹךְ יֵלֵךְ וּבָכֹה נֹשֵׁא מֶשֶׁרְ־הַזַּרָע,

בֹא־יָבוֹא בְרְנָה נשֵׁא אֲלֻמֹּתְיוּ:

To caress and to kiss your stones I desire, and the taste of your soil would be for me a reward sweet as honey. (Yehudah Halevi)

חזון הנביאים

פֹה אָמַר יְהוָה: שַׁבִתִּי אֵל־צִיּוֹן וִשַּׁכַנִתִּי בִּתוֹרְ

פַּהָיָר עָּיִּר דְּיִן יְּבְּבְּיִּר דְּיִּר יְרוּשָׁלָיֵם, וְנִקְרְאָה יְרוּשָׁלַיֵם עִיר־הָאֶמֶת וְהַר־יְהֹנָה צְבָאוֹת

וְהַר־יְהנָה צְבָאות הַר הַקְּדֶשׁ:

פה אָמַר יְהוָה צְבָאוֹת: עד יֵשְׁבוּ זְקֵנִים וּזְקֵנוֹת בִּרְחבוֹת יְרוּשָׁלַיִם, וְאִישׁ מִשְׁעַנְתוֹ בְּיָדוֹ מֵרב יָמִים: וֹרְחבוֹת הָעִיר יִפָּלְאוּ יְלָדִים וֹילְדוֹת משחקים בּרחבתיה: Zechariah 8:3-5,7-8

We came to the land You sent us to; it does indeed flow with milk and honey. (Numbers 13:27)

A Vision of the Prophets

Thus says the Eternal:

"I have returned to Zion, and will dwell in the midst of Jerusalem. Jerusalem shall be called 'The City of Truth'; and the mountain of Adonai Tz'va'ot, 'The Holy Mountain.'"

Thus says Adonai Tz'va'ot:

"Old men and women shall yet dwell in the streets of Jerusalem, each with staff in hand, enjoying length of days. And the streets of the city shall be filled with boys and girls; they will be playing in its streets."

Thus says Adonai Tz'va'ot:

"Behold, I will save My People from the lands of the east and the west, and I will bring them to dwell in the midst of Jerusalem. And they shall be My People, and I shall be their God, in truth and in righteousness."

Prayer for the State of Israel

God in heaven, Rock and Redeemer of Israel, bless the State of Israel, the first flowering of our redemption. Shield it with Your love, spread over it Your canopy of peace; enlighten its leaders with faith, and direct them with Your good counsel. Our God, strengthen the hands of the defenders of our sacred land; grant them salvation and crown them with victory. Establish peace in the land, everlasting joy for all its inhabitants. And let us say: *Amen*.

כּה אָמַר יְהֹּנָה צְבָאוֹת: הִנְנִי מוֹשִׁיעַ אֶת־עַמִּי מֵאֶרֶץ מִזְרָח וּמֵאֶרֶץ מְבוֹא הַשְּׁמֶשׁ: יְהַבֵּאתִי אֹתָם וְשָׁכְנוּ בְּתוֹךְ יְרוּשָׁלָיִם. וְהָיוּ־לִי לְעָם, וַאֲנִי אֶהְיֶה לָהֶם לֵאלֹהִים, בַּאֵמֵת וּבִצְדַקָה:

Each people has as much heaven over its head as it has land under its feet. (Chayim Nachman Bialik)

תפילה למדינת ישראל

אָבִינוּ שֶׁבַּשָּׁמִיִם, צוּר יִשְׂרָאֵל
יְגוֹאֲלוֹ, בָּרֵךְ אֶת מְדִינַת
יִשְׂרָאֵל, רֵאשִׁית צְמִיחַת
יִשְׂרָאֵל, רֵאשִׁית צְמִיחַת
יְשְׁלָּתֵנוּ. הָגֵן עָלֶיהָ בְּאֶבְרַת
חַסְדֶּך, וּשְׁלַח אוֹרְךְ וַאֲמִתְּךְ
יְתִקְנֵם בְּעֵצָה טוֹבָה מִלְפָנֶיךְ.
יְתַקְנֵם בְּעֵצָה טוֹבָה מִלְפָנֶיךְ.
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יְתַקְנֵם בְּעֵצָה טוֹבָה מִלְפָנֶיךְ.
יְעַטֶּרֶת נִצָּחוֹן הְעַשְׁרֵם; וְנָתַהָּ
שָׁלוֹם בָּאָרֶץ, וְשִׂמְחַת עוֹלָם
לִיוֹשְׁבֵיהַ, וְנֹאמֵר, אַמֵּן.

There is no greater victory than the victory of peace. (Yitzchak Rabin)

Continue on page 1 (for Ma'ariv), 31 (for Shacharit), or 79 (for Minchah).

וְשִׁמְחַת עוֹלָם לְיוֹשְׁבֵּיהָ ("everlasting joy for all its inhabitants") It is not easy to forget the past. But let us try to overcome the bad memories and the obstacles in order to light a new, unique, historic horizon—an opportunity which may never come again for a different life, a life without fear, a life without hatred, a life without the frightened eyes of children,

a life without pain, a life in which we shall build a home, plant a vineyard, and live to a ripe old age, side by side as neighbours. We all hope that we shall wake up tomorrow morning to a new day, to a new future and a new opportunity for our children. For them, we had to fight. For them, we have to achieve peace. (Yitzchak Rabin)

Please, don't uproot what has been planted, don't forget The Hope. Bring me back, let me come back to the good land.

My God, watch over this house, this garden, this wall.
Guard us from pain, from sudden fear and from war.
Watch over what little I have, the light, the child.
Guard the fruit still unripened, yet already gathered in.

עַל נָא תַּעֲקוֹר נָטְוּעַ עַל תִּשְׁכֵּח אֶת הַתִּקְנָה. הֲשִׁיבֵנִי וְאָשִׁוּבָה אֶל הָאָרֶץ הַטּוֹבָה.

שְׁמֹר אֵלִי עַל זֶה הַבּּיִת עַל הַגָּן, עַל הַחוֹמָה מִיָּגוֹן, מִפַּחַד פֶּתַע יִּמִמְלְחָמָה. שְׁמֹר עַל הַמְעֵט שֶׁיֵשׁ לִי עַל הַפְּרִי שֶׁלֹא הִבְשִׁיל עוֹד יַשִׁבָּאֵסַף.

Am Yisraeil Chai

The Jewish People lives! Avinu yet lives!

עם ישראל חי

Based on Genesis 45:3

עם יִשְׂרָאֵל חַי! עוד אבינו חי!

HaTikvah

So long as still within the inmost heart a Jewish spirit sings, so long as the eye looks eastward, gazing toward Zion,

our hope is not lost—
the hope of two millennia,
to be a free people in our land,
the land of Zion and Jerusalem.

התקוה

Naftali Herz Imber, Galicia 1878

כּל עוֹד בַּלֵבָב פְּנִימָה נֶפֶשׁ יְהוּדִי הוֹמִיָּה, וּלְפַאֲתֵי מִוְרָח קָדִימָה עֵיִן לְצִיּוֹן צוֹפִיָּה,

עוֹד לֹא אָבְדָה תִּקְנָתֵנוּ, הַתִּקְנָה בַּת שְׁנוֹת אַלְפַּיִם, לִהְיוֹת עַם חְפְשִׁי בְּאַרְצֵנוּ, בָּאֵרֵץ צִיּוֹן וִירוּשַׁלַיֵם.

Yom HaZikaron

Lo Ira לא אירא Psalm 3:7-8

I will not fear the multitudes לֹא־אֵירָא מֵרְבְבוֹת עָם who beset me. אֲשֶׁר סָבִיב שֶׁתוּ עָלָי. Arise, Adonai! Save me. קוֹמָה יָהוֹה, הוֹשִׁיעֵנִי.

Lo Yisa Goy לא ישא גווי Isaiah 2:4

Nation shall not lift up sword against לא יִשָּא גוֹי אֶל־גוֹי חֶרֶב, nation, never again shall they learn war. לא ילמדוּ עוֹד מלחמה.

Yom HaAtzma'ut

Al Kol Eileh על כל אלה Naomi Shemer

Both the honey and the stinger, על הַדְּבָשׁ וְעַל הָעְקֶץ,
both the bitter and the sweet,
and our little baby daughter—
good God watch over them all.

Both the honey and the stinger,

על הַמֵּר וְהַמָּתוֹק,

של הַמֵּר וְהַמִּר וְהַיִּנְוֹעֶּת –

Both the raging fire עַל הָאֵשׁ הַמְבוֹעֶרֶת,
and the clear waters,
and the man returning home
from far away.

על הָאִישׁ הַשָּׁב הַבַּיְתָה

om far away. מן הַמֶּרְחָקִים.

All these, all these— על בְּל אֵבֶּה, עַל בְּל אֵבֶּה, עַל בְּל אֵבֶּה, עַל בְּל אֵבֶּה, עַל בְּל אֵבֶּה, שַל בְּל אֵבֶּה. שִׁמוֹר נָא לִי אֵלִי הַטוֹב. them all.

Both the honey and the stinger, both the bitter and the sweet.

CHORUS:

פזמון:

Please, don't uproot what has been planted, don't forget The Hope. Bring me back, let me come back to the good land.

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שְׁמֹר אֵלִי עַל זֶה הַבּּיִת עַל הַגָּן, עַל הַחוֹמָה מִיָּגוֹן, מִפַּחַד פֶּתַע יִּמִמְלְחָמָה. שְׁמֹר עַל הַמְעֵט שֶׁיֵשׁ לִי עַל הַפְּרִי שֶׁלֹא הִבְשִׁיל עוֹד יַשִׁבָּאֵסַף.

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Im Tirtzu

If you will it, it is not a dream to live as a free people in our land, in the land of Zion and Jerusalem.

אם תרצו

Theodor Herzl, Hungary and Austria, 1896, and Naftali Herz Imber, Galicia, 1878

Od Yavo Shalom Aleinu

Peace will yet come upon us and upon everyone.
Peace upon us and upon all the world.
Salaam! Shalom!

עוד יבוא שלום עלינו

בָּאָרֶץ צִיּוֹן וִירוּשַׁלַיָם.

אָם תִּרְצוּ אֵין זוֹ אַגַּדַה

לְהִיוֹת עַם חַפִּשִׁי בִּאַרְצֵנוּ,

Moshe Ben Ari

עוֹד יָבוֹא שָׁלוֹם עָלֵינוּ וְעַל כּוּלָם. סַלְאָם! עָלֵינוּ וְעַל כְּל הַעוֹלָם. סַלְאָם! שָׁלוֹם!

Od Yishama

Once again may there be heard in the cities of Judah and in the streets of Jerusalem the voice of gladness, the voice of bridegroom and bride.

עוד ישמע

From Jeremiah 33:10-11

עוֹד יִשָּׁמֵע בְּעָרֵי יְהוּדָה וּבְחֶצוֹת יְרוּשָׁלַיִם קוֹל שָׁשוֹן וְקוֹל שִׂמְחָה קוֹל חַתַן וִקוֹל כַּלַה.

Shir LaShalom

Let the sun rise, and give the morning light. The purest prayer will not bring us back.

He whose candle was snuffed out and was buried in the dust, bitter tears won't wake him, won't bring him back here.

שיר לשלום

Yaakov Rotblit and Yair Rozenblum

לַבְּקֶר לְהָאִיר. הַזַּכָּה שֶׁבַּתְּפִלּוֹת אוֹתָנוּ לֹא תַּחְזִיר. מִי אֲשֶׁר כָּבָה נֵרוֹ וּבֶעָפָר נִטְמֵן, בכי מר לֹא יעירוֹ,

לא יַחוַירוֹ לכַאן.

תנו לשמש לעלות

מֵי אֵשֶׁר בְּבָה וֵרוֹ ("he whose candle was snuffed out") On November 4, 1995, this song was sung by thousands gathered in Tel Aviv's Kings of Israel Square to rally in support of the Oslo Peace Accords. With the words of "Shir LaShalom" in his breast pocket, Prime Minister Yitzchak Rabin was assassinated by a Jewish extremist. No one can bring us back from the deep, dark abyss. Here, neither the songs of victory nor the songs of praise will help. אָישׁ אוֹתֶנוּ לֹא יָשִׁיב מִבּוֹר תַּחְתִּית אָפֵל, כָּאן לֹא יוֹעֵילוּ לֹא שִׁמְחַת הַנִּצְחוֹן וְלֹא שִׁירֵי הַלֵּל.

CHORUS:

So sing only a song for peace, don't whisper a prayer. It's better to sing a song of peace. Shout it out loud!

Let the sun penetrate through the flowers. Don't look backward; leave those who have departed.

Lift your eyes with hope, not through rifle sights. Sing a song for love, not a song for wars.

Don't just say "someday."
Make that "someday" today!
(For it is no dream.)
And in every city square
raise your voices for peace.

פזמון:

לָבֵן, רָק שִׁירוּ שִׁיר לַשָּׁלוֹם, אַל תִּלְחֲשׁוּ תְּפִּלֶּה! מוּטָב תָשִׁירוּ שִׁיר לַשָּׁלוֹם בִּצְעָקָה גְּרוֹלָה!

> הְנוּ לַשֶּׁמֶשׁ לַחֲדֹר מִבַּעַד לַפְּרָחִים. אַל תַּבִּיטוּ לְאָחוֹר; הַנִיחוּ לַהוֹלְכִים.

שְׂאוּ עִינֵיִם בְּתִקְנָה, לֹא דֶּרֶךְ כַּנָּנוֹת. שִׁירוּ שִׁיר לָאַהֲבָה וְלֹא לַמִּלְחָמוֹת!

אַל תַּגִּידוּ ״יוֹם יָבוֹא״. הָבֵיאוּ אֶת הַיּוֹם (כִּי לֹא חֲלוֹם הוּא) וּבְכָל הַכִּכָּרוֹת הריעוּ לשׁלוֹם!