

## Resources on Dementia from February 22, 2021 Webinar

### Books

**The 36-Hour Day:** A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss

by Nancy L Mace M.A. and Peter V Rabins MD

**Dementia Reimagined:** Building a Life of Joy and Dignity from Beginning to End

by Tia Powell MD

### Websites

**Alzheimer Society - Toronto**

<https://alz.to/>

**Reitman Centre CARERS Program** (Coaching, Advocacy, Respite, Education, Relationship, Stimulation)

Mount Sinai Hospital

Telephone: 416-586-4800 ext. 5882

Email: [reitmaninquiries.msh@sinaihealth.ca](mailto:reitmaninquiries.msh@sinaihealth.ca)

**Advance Care Planning in Canada**

<https://www.advancecareplanning.ca/>

### Films

Away from Her, Still Alice, Falling, Alive Inside, First Cousin Once Removed, The Savages, A Song for Martin, Iris, Relic, Aurora Borealis, Supernova